



Silicone Pessaries Instruction for Use

STERILIZATION AND CLEANING

1. Prior to insertion of Pessary, it is important to thoroughly clean outer surface. It is recommended to wash pessary with non-allergenic, antibacterial soap (preferably hospital-grade) soap, rinse with distilled and/or potable water, and dry prior to initial use.

Recommended Sterilization before insertion:

Sterilization is not mandatory.

- **Pre-vacuum: 270°F - 275°F (132°C-135°C) for 4 minutes**
- **Gravity Displacement: 250°F - 255°F (121°C-124°C) for 40 minutes**

2. Donut pessary cannot be sterilized in autoclave.